



# RISE & SHINE

## HAND-ROLLED BAGELS

Plain | Sesame +0.5 | Poppyseed+0.5 | Cinnamon Sugar + 1 | Everything + 1  
 | Wholemeal Chia Seed + 1 | Matcha Red Bean +1.5 |  
 Half Dozen RM30 & Full Dozen RM55 available

**TOASTED ONLY** **4.5**

**TOASTED BAGEL W SPREADS** **6.5**

choice of **house cream cheese** (plain or garlic herbs+1 )  
 or **healthy nut spread** (peanut butter /almond butter+1)

**NOSH BREAKFAST BAGEL** **19.9**

scrambled egg, roasted mixed potatoes, roasted cherry tomatoes, sautéed mushrooms. unsalted butter

**SCRAMBLED EGG BAGEL** **8.9**

**EGG SALAD BAGEL** **8.9**

**PEANUT BUTTER BANANA BAGEL** **12.9**

**ALMOND BUTTER BANANA BAGEL** **13.9**

**KAYA BUTTER & EGG BAGEL** **10.9**

pandan kaya, unsalted butter, poached eggs

**BREAKFAST CEREAL** **14.9**

cereal, banana and fresh milk

**SUPERFOOD BAGEL** **16.9**

scrambled egg, sliced avocado, cherry tomatoes

**SIDE ORDER**

- add on **unsalted butter** +RM2
- add on **eggs** (scrambled/poached) +RM5
- add on **half avocados** +RM6
- add on herb roasted **mixed potatoes** +RM4
- add on **soy-glazed mushrooms** +RM4
- add on zesty roasted **cherry tomatoes** +RM4

# SNACKS & SHARING

## SIGNATURE NORI (POKÉ) TACOS

in your taco: ponzu - seasoned jasmine rice , carrots, onions, snow crab salads, pineapples, spicy sriracha sauce, furikake, spring onions & fish roe

Salmon raw .....	8.9
Seared salmon .....	9.9
Pulled Chicken .....	8.9
Lemongrass chicken .....	8.9
Beef Striploin .....	10.9
Tofu avocado .....	9.9
Crispy prawn .....	9.9
Unagi .....	14.9

**VEGETARIAN FRIED CHICKEN (V)** **18.9**

made with cauliflower, choose wither honey garlic / buffalo flavour or half half

**BAKED SALMON CAKES** **21.9**

salmon seasoned with fresh herbs, lemon, baked to golden brown, served with wasabi aioli

**CRISPY PRAWN** **15.9**

with spicy sriracha for dip

# HOUSE BAKES

Classic Burnt Cheesecake .....	12
Carrot Walnut Cake .....	15
Double Chocolate Banana .....	9
Lemon Poppyseed Loaf .....	10
Special Bakes .....	

# SIGNATURE POKÉ BOWLS

in your poke bowls - your choice of base and proteins, finished up with toppings include pumpkin seeds, chia seeds, furikake, crushed peanuts, seaweed flakes & fish roes, paired with house signature honey lime & spicy sriracha sauce **(non-spicy sauce available upon request)**

## CHOOSE YOUR BASE

jasmine / brown rice | salads | soba + 3 | quinoa + 3 | aglio olio pasta +2

### SALMON (RAW)

20.9

shoyu / spicy

cherry tomatoes, japanese cucumber, pineapples, almonds

### ROSEMARY GRILLED SALMON

21.9

cherry tomatoes, japanese cucumber, pineapples, almonds

### BEEF STRIPLOIN STEAK

21.9

carrots, japanese cucumber, cherry tomatoes, corn

### CAJUN PULLED CHICKEN

16.9

carrots, seaweed salads, pineapples, raisins

### LEMONGRASS CHICKEN

16.9

carrots, seaweed salads, pineapples, raisins

### SESAME TOFU (V)

15.9

carrots, cherry tomatoes, mangoes, edamame

### DONBURI SABA

17.9

cherry tomatoes, japanese cucumber, pineapples, almonds

### UNAGI

29.9

carrots, cherry tomatoes, japanese cucumber, tamago

### MINI POKE

10.9

carrots, corn, grapes, edamame  
**chicken / tofu / seared salmon + 3**

### Premium Add Ons

+RM2.9

- poached egg
- avocado
- snow crab salads
- hard-boiled egg
- nori chips
- crispy prawn

# SIGNATURE GRAIN BOWLS

### NOSH CHICKEN RICE

18.9

brown rice, lemongrass chicken, sweet & spicy charred corn, honey roasted carrots, stirfry mung beans, hard-boiled egg, green onion, crushed peanuts, soy chilli dressing

### SALMON AGLIO OLIO PASTA

23.9

aglio olio pasta, rosemary grilled salmon, soy-glazed mushroom, roasted cherry tomatoes, poached egg, coriander, furikake, kaffir mint pesto

### QUINOA BEEF BOWL

23.9

organic quinoa, beef striploin steak, honey glazed carrots, turmeric cauliflower, sweet & spicy charred corn, mix seeds, fried shallots, green onions, kaffir mint pesto

### SOBA TOFU BOWL (V)

22.9

cold soba noodle, edamame, soy-glazed mushrooms, basil baked pumpkins, sesame tofu, seaweed flakes, coriander, mix seeds ginger sesame dressing

### SUPERFOOD BOWL (V)

18.9

green coral, herb roasted mix potatoes, soy-glazed mushrooms, roasted cherry tomatoes, sweet & spicy charred corn, avocado, mix seeds, crushed peanuts, seaweed flakes, coconut curry dressing

## Our Branches



### MOUNT AUSTIN

129, Jalan Mutiara Emas 2A, Taman Mount Austin, 81100, Johor Bahru, Johor.



### PASIR PELANGI

Tiara Sport World, Jalan Pasir Pelangi, Pasir Pelangi, 80500 Johor Bahru, Johor.



### SUTERA UTAMA

Sutera Sports World, Jalan Persisiran Sutera Danga 1, Taman Sutera Utama, 81300 Skudai, Johor

Prices are exclusive of 10% service charge

Please alert our team for any food allergies :)



@poketwins.my | poketwins.com

# DRINKS MENU

## COFFEE

	H	C
Espresso	9	
Long Black	9	10
Flat White	11	
Cappuccino	11	12
Latte	11	12
Piccolo	11	
Almond Latte	14	15
Signature Cinnamon Latte	14	15
homemade cinnamon sugar syrup		
Matcha Latte	14	15
Mocha	12	13
Peppermint Mocha	14	15
homemade mint syrup		

### Remarks

extra shots + RM2  
non-dairy milk + RM3 (almond)

## NON-COFFEE

	H	C
Classic Chocolate	9	10
Peppermint Chocolate	12	13
Matcha Green Tea	12	13
Fresh Milk	9	10
Fresh Almond Milk	12	13
Honey Cinnamon Latte	12	13
homemade cinnamon syrup, milk		

Prices are exclusive of 10% service charge

## SIGNATURE CRAFT

### Coconut Lime Cooler 12

100% pure coconut water, lime slices, cucumber sticks, rosemary garnish

### Green Tea Mint Cooler 12

homemade mint syrup, pure green tea, mint leaves, lime

### Organic Hot Tea 8

Oriental Green Tea  
Supreme Earl Grey  
Lemongrass Ginger

## GRAB & GO

### Vamos Bottled Kombucha 12

### Vamos Bottled Cold Brew 14

### Cold-Pressed Juice 12

chia fiber | g-tox | immune star

### AYATAKA Green Tea 5

### Our Branches



#### MOUNT AUSTIN

129, Jalan Mutiara Emas 2A,  
Taman Mount Austin, 81100,  
Johor Bahru, Johor.



#### PASIR PELANGI

Tiara Sport World  
Jalan Pasir Pelangi,  
Pasir Pelangi, 80500  
Johor Bahru, Johor.



#### SUTERA UTAMA

Sutera Sports World,  
Jalan Persisiran Sutera  
Danga 1, Taman Sutera  
Utama, 81300 Skudai,  
Johor.